



## **RETURN TO PLAY PROTOCOLS**

As we enter an uncertain time, we are going to be fluid with our Return To Play Protocols. Decisions made today may not be same as tomorrow. Please refer back to this document often. We have used many sources in coming up with our Return To Play recommendations, including but not limited to local high school athletic association guidelines, [the Aspen Institute](#), [the Play Sports Coalition](#), [the Centers for Disease Control and Prevention](#), and [NFL FLAG](#) recommendations.

### **MANDATES FOR ATHLETES**

- Must sign off on a COVID waiver form prior to the season.
- Parents must conduct daily symptom assessments (self-evaluation) on their participant(s). Anyone that is experiencing symptoms, a temperature of 100.3 or above, or has come into contact with someone who is sick must stay home.
- The league, Coaches or Team mom will take a temperature test prior to entering the field. We will use an infrared Thermostat scanner. (Anyone that needs to be on the sideline with the team)
- Hand sanitizer will be available at the table to use prior to the game, halftime and after the game.
- Bring a personal water bottle which MUST be labeled with players name.
- Must not share water bottles
- Must adhere to 6-foot social distancing while on the sidelines.
- Players are highly encouraged to not touch their mouthguard once it has been placed in their mouth and to sanitize their hands after it has been touched.
- No touch rule – players should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, officials, and fans. A “round of applause” can be used following the game in lieu of the handshake line.
- Players should also purchase playing gloves if possible. Hand Sanitizer will be available to players to use, especially during timeouts, halftime and substitute.

### **MANDATES FOR SPECTATORS**

- Must conduct daily symptom assessments (self-evaluation). Anyone that is experiencing symptoms, a temperature of 100.3 or above, or has come into contact with someone who is sick must stay home.
- Must not enter player areas during including both practices and games.
- Must adhere to 6-foot social distancing practices. This includes in and around bleachers for anyone, not in the same family. Please use judgment when bring senior citizens and others with health issues to the games.
- Must keep 10-feet or more distance from the sideline in locations without bleachers.
- Face coverings are recommended at all times.
- We will limit the number of spectators at the venue by strongly recommending only two spectators per player be in attendance, if possible.
- Avoid post play socializing.
- Leave the field as soon as reasonably possible.

### **MANDATES FOR COACHES**

- Must adhere to 6-foot social distancing practices.
- Must wear facing coverings at all times.
- Must conduct daily symptom assessments (self-evaluation). Anyone that is experiencing symptoms, a temperature of 100.3 or above, or has come into contact with someone who is sick must stay home.
- No touch rule – coaches should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, officials, and fans. A “round of applause” can be used following the game in lieu of the handshake line.
- No coaches will be allowed on the field to disagree or argue a call. Coaches must call the referee to their sideline with all questions and remain 6ft away. This is going to be an adjustment for us all so all coaches’ parents etc. must show good sportsmanship and patience. Arguing judgment calls will not be tolerated. The referees are going to do the best they can. For the safety of all we will not allow aggressive arguing with any referee.
- Must ensure that players are following COVID-19 -related prevention measures included herein.
- Teams must be on opposite sides of the field.
- No after game team huddle
- Avoid post-play socializing.
- Leave the field as soon as reasonably possible.

We want to be safe and make sure it's safe. We want to make sure our kids are ready to return to be active, socializing with others, and having fun again. Be part of the USYL ***"Come Out and Play"***

Player Full Name \_\_\_\_\_ DOB: \_\_\_\_\_

Grade \_\_\_\_\_ Team Name \_\_\_\_\_

Parent Full Name \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date: \_\_\_\_\_



IN CONSIDERATION OF my child/ward being allowed to participate in any way in the United Sports League and United Sports Youth League (USYL) affiliates and subsidiaries, including related events and activities, the undersigned acknowledges, appreciates, and agrees that the risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) to my child/ward from the activities involved in these programs are significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist; and I agree as follows:

1. FOR MYSELF, SPOUSE, AND CHILD/WARD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES (as defined herein) or others, and assume full responsibility for my child/ward's participation;
2. FOR MYSELF, SPOUSE, AND CHILD/WARD I knowingly and willingly agree to comply with and agree to the USYL Terms and Conditions. If I observe any unusual significant concern in my child/ward's readiness for participation and/or in the program itself, I will remove my child/ward from the participation and bring such attention of the nearest official immediately;
3. FOR MYSELF, SPOUSE, AND CHILD/WARD and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS USYL; its directors, officers, officials, agents, employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY, DEATH, or loss or damage to person or property incident to my child/ward's involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law;
4. FOR MYSELF, SPOUSE, AND CHILD/WARD, I, for myself, my spouse, my child/ward, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law; and
5. I, the parent/guardian, assert that I have explained to my child/ward: the risks of the activity, his/her responsibilities for adhering to the rules and regulations, and that my child/ward understands this agreement.

I, FOR MYSELF, MY SPOUSE, AND CHILD/WARD, HAVE READ THIS **United Sports Youth League (USYL) LIABILITY RELEASE**, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY AGREEING TO IT AND ENTER INTO IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT. I, FOR MYSELF, MY SPOUSE, AND CHILD/WARD AGREE TO BE BOUND BY THIS USYL LIABILITY RELEASE AND UNITED SPORTS YOUTH LEAGUE TERMS AND CONDITIONS WHEN IN THE FUTURE I CLICK ON AN "I AGREE," "I CONSENT," OR OTHER SIMILARLY WORDED "BUTTON" OR ENTRY FIELD WITH MY MOUSE, KEYSTROKE, OR OTHER COMPUTER DEVICE, YOUR AGREEMENT OR CONSENT OR WAIVER WILL BE LEGALLY BINDING AND ENFORCEABLE AND THE LEGAL EQUIVALENT OF YOUR HANDWRITTEN SIGNATURE.

Name: \_\_\_\_\_

Sign: \_\_\_\_\_

Date: \_\_\_\_\_

